

**All Natural Soups**  
**Served Hot Everyday**

Small \$2.99 Large \$3.99

**Please Call**  
**For Soup**  
**Of The Day**

**All Natural Specialty**  
**Sandwiches Grab & Go**

**Monday**

Chicken Salad Sandwich

**Tuesday**

Chicken Caesar Wrap

**Wednesday**

Tuna Salad Sandwich

**Thursday**

Roasted Vegetable Wrap

**Friday**

Veggie Hummus Sandwich - Made By Request

**The Sandwich Board**

Monday - Saturday

All Sandwiches served on Rudi's Multigrain Oat Bread, Honey Sweet Wheat Bread or Alvarado Street Flax Seed Bread

**All Natural Oven Roasted Turkey**

Whole Sandwich \$7.29

Half Sandwich \$4.15

**All Natural Ham**

Whole Sandwich \$6.99

Half Sandwich \$3.99

**All Natural Roast Beef**

Whole Sandwich \$7.69

Half Sandwich \$4.49

**Roast Beef is a Seasonal Item**

**Vegetarian Sandwich**

Whole Sandwich \$5.99

Half Sandwich \$3.49

Turkey, Ham Roast Beef and Vegetarian Sandwiches served with lettuce, tomato, onion and cucumber plus choice of white cheddar or monterey jack cheese. Vegetarian also served with avocado and extra cheese.

**Kids PB&J**

Whole Sandwich \$2.99

Half Sandwich \$1.75

**Chicken Salad Sandwich**

Whole Sandwich \$6.99

Half Sandwich \$4.49

All natural chicken, celery, red onion, walnuts, tarragon, and organic mayonnaise served with lettuce and tomato.

**Tuna Salad Sandwich**

Whole Sandwich \$5.99

Half Sandwich \$3.49

All natural tuna, celery, onion, shredded cheese and organic mayonnaise served with lettuce and tomato.

**Olive Tapenade**

5" Sub \$5.29

Olive Tapenade Spread (green & black olive, sun dried tomatoes, olive oil and spices) provolone cheese, lettuce tomato and red onion on a sour dough baguette.

**Olive Tapenade is a Seasonal Item**

**Specialty Sandwich Descriptions**

**Chicken Caesar Wrap \$7.99**

All Natural Chicken Breast, Caesar Dressing, Red

Onion, Romaine Lettuce, Provolone Cheese &

Kalamata Olives on a Wrap

**Veggie Hummus Sandwich \$4.49**

Organic Hummus, Organic Cucumber, Red Onion, Lettuce

& Tomato Served on Organic Fresh Whole Grain Bread

**Roasted Vegetable Wrap \$5.99**

Organic Vegetables Marinated In Balsamic Vinegar, Olive Oil & Spices, Roasted & Mixed With Organic Brown Rice & Feta Cheese in an Organic Wheat Wrap - Served Cold

**Classic Deli Salad \$5.99**

Organic Mixed Greens & Romaine Lettuce, Organic Tomatoes Cucumbers, Red Onion & Organic Monterey Jack Cheese

**Salads, Sides & Goodies**

**Salads**

Organic Garden Salad

**Sides**

Homeade Hummus

Organic Fruit Cups - Seasonal

**Bakery**

All Natural Home Baked Cookies And Bars

**Chilled Beverages**

Izze, Steaz, Switch & Many Other Natural Sodas

San Pellegrino Sparkling Water

Organic Valley Single Serving Milks

Bottled Water

**Choice Organic Hot Teas**

**Wild Berry Market Blend Organic Coffee**

Regular & Decaf

**Organic Smoothies**

**Premium Smoothies \$4.49**

**Sunrise**

OJ, Vanilla Yogurt, Strawberries, Apple Juice, Ice and Emergen-C

**Tropical Mango**

OJ, Milk, Mango, Banana, Apple Juice, Ice and Emergen-C

**Blue Banana**

Blueberries, Banana, Milk, Apple Juice and Ice

**Strawberry Banana**

Strawberries, Vanilla Yogurt, Milk, Banana, Apple Juice, Ice and Emergen-C

### **The Wild Berry**

Mixed Berries, Milk, Yogurt, Apple Juice  
and Ice

Raspberry Juice, Raspberries, Strawberries  
Vanilla Yogurt, Apple Juice, Ice and Emergen-C

### **Pina Colada**

Banana, Vanilla Yogurt, Pineapple, Coconut milk,  
Apple Juice and Ice

All fruit, yogurt and juice's organic

Add- In's Available

Wild Berry Market uses only the freshest and  
healthiest ingredients in all of our creations.

Sandwiches are built on bread from Rudi's  
Bakery or homemade sour dough baguettes.

Vegetables and fruits are organic  
and our all natural sandwich

meat is from Applegate Farms which uses no  
nitrates, preservatives or antibiotics.

Please let us know if you enjoyed your purchase!

## Visit Us For All Your Natural Food Needs!

Large Grocery Selection, Frozen & Refrigerated Foods

## Organic Produce

Gluten Free Foods, High Quality Supplements

Organic Wine & Beer, Futility Farms Beef

Health & Beauty Products & Natural Cleaning Products



## Weekly Menu

715-356-2635

*The Lakeland Areas Premier  
Natural Food Store*

*Gourmet Deli Foods For  
Taste & Health*

*8744 Highway 51N  
Minocqua, WI 54548*

*At Wild Berry Market We Try To Be Environmentally  
Conscience About Everything We Do. That Is Why We Use  
To-Go Containers Made From NatureWorks PLA  
Biodegradable Plastic & Chlorine Free Paper Hot  
Beverage And Soup Containers.*

**Open Monday-Thursday 8am-6pm, Friday 8am-8pm  
Saturday 9am-5pm and Sunday 11am-3pm**

*Printed June 2008*

*Eat Well, Live Well, Be Well*